



This menu is available on the week(s) commencing: 26/08/2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>SOUP</b>	Spiced Cauliflower soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Lentil soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Potato & Leek soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Cream of Chicken soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Broth soup served with crispy croutons and sunflower / pumpkin / mixed seeds
<b>PREMIUM UNIT PRODUCED BREAD</b>	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls
<b>MAIN MEAL OPTION</b>	Chicken Carbonara Chicken in a creamy carbonara sauce with pasta	Roast pork loin with apple gravy In a rich gravy sauce with Yorkshire pudding	Sausage Rolls Rolled pork meat in flaky pastry	Chilli con carne Minced beef in a spicy tomato sauce	Fillet of sustainable breaded haddock served with a lemon wedge & tartare sauce Oven baked cod fish fingers Breaded Chicken
<b>VEGETARIAN OPTION</b>	Vegetable Carbonara (v) Seasonal vegetables in a creamy carbonara sauce	Chick Pea Bolognese (v) Chick peas in a garlic bolognese sauce	Creamy tomato pasta bake (v)	Vegetable chilli (v) Chunky vegetables in a basil & garlic spicy sauce	Chilli Poppers (v) Cream cheese & red pepper in breadcrumbs
<b>FRESHLY BAKED SNACKS</b>	Various panini's. Choice of 3 options Mixed toasties  Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties  Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties  Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties  Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties  Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple
<b>SIDE ORDERS</b>	Garlic bread Peas Sweetcorn	Boiled potatoes Green beans Sliced carrot	Croquettes Spaghetti hoops	Boiled rice Baby corn Peas	Baked beans Mushy peas Chips Curry Sauce
<b>SALAD BAR</b>	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	
<b>DESSERTS</b>	Raspberry Delight Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Chocolate Sponge & Custard Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Ice Cream Tub Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Yoghurt Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Happy Friday - Special treat Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis



This menu is available on the week(s) commencing: 02/09/2024

	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>SOUP</b>	Sweet Potato & Chilli soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Chicken Noodle soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Green Pea soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Cream of Mushroom soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Vegetable soup served with crispy croutons and sunflower / pumpkin / mixed seeds
<b>PREMIUM UNIT PRODUCED BREAD</b>	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls
<b>MAIN MEAL OPTION</b>	Chicken Katsu Curry Breaded chicken in a creamy katsu sauce	Bangers & Mash Pork sausages in a rich jus & mash	Chicken Wraps Crispy chicken Sweet chilli chicken	Beef Lasagne Minced beef in a garlic, chopped tomato and her sauce with pasta strips	Fillet of sustainable breaded haddock served with a lemon wedge & tartare sauce Oven baked cod fish fingers Breaded Chicken
<b>VEGETARIAN OPTION</b>	Vegetable Katsu (v) Diced vegetables in a creamy katsu sauce	Vegetarian Sausage & Mash (v) Vegetable sausages in a rich jus & mash	Vegetarian Wrap (v)	Vegetable Lasagne (v) Seasonal vegetables in a garlic & herb cream	Quorn Nuggets (v) Deep fried crumbed quorn
<b>FRESHLY BAKED SNACKS</b>	Various panini's. Choice of 3 options Mixed toasties  Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties  Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties  Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties  Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties  Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple
<b>SIDE ORDERS</b>	Basmati rice Poppadoms Baby corn	Mashed potato Peas Baked beans	Seasonal salad	Crusty bread Sliced carrots Broccoli	Baked beans Mushy peas Chips Curry Sauce
<b>SALAD BAR</b>	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	
<b>DESSERTS</b>	Apple Crumble & Custard Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Jelly & Cream Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Chocolate Fudge Cake Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Yoghurt Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Happy Friday - Special treat Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis



This menu is available on the week(s) commencing: 09/09/2024

	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>SOUP</b>	Cream of Chicken soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Curried Parsnip soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Potato soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Carrot & Coriander soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Tomato & Red Pepper soup served with crispy croutons and sunflower / pumpkin / mixed seeds
<b>PREMIUM UNIT PRODUCED BREAD</b>	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls
<b>MAIN MEAL OPTION</b>	Meatballs Pork meatballs in a gravy sauce	Chicken Korma Diced chicken in a creamy korma sauce	Burgers Crispy breaded chicken Beef burger	Nachos Minced beef, chilli or salsa sauce served with nacho chips	Fillet of sustainable breaded haddock served with a lemon wedge & tartare sauce Oven baked cod fish fingers Breaded Chicken
<b>VEGETARIAN OPTION</b>	Quorn meatballs (v) In a rich vegetable gravy	Vegetable Korma (v)	Vegetarian Burger (v)	Salsa Nachos (v)	Quorn Nuggets (v) Deep fried crumbed quorn
<b>FRESHLY BAKED SNACKS</b>	Various panini's. Choice of 3 options Mixed toasties  Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties  Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties  Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties  Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties  Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple
<b>SIDE ORDERS</b>	Mashed potato Carrots Sugar snap peas	Rice Peas Naan bread	Tossed salad Wedges	Salsa Tortillas Jalapeno Sour cream	Baked beans Mushy peas Chips Curry Sauce
<b>SALAD BAR</b>	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	
<b>DESSERTS</b>	Syrup Sponge & Custard Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Butterscotch Mousse Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Apple Sponge & Cream Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Yoghurt Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Happy Friday - Special treat Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis



This menu is available on the week(s) commencing: 16/09/2024

	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>SOUP</b>	Chicken & Rice soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Cream of Courgette soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Minestrone soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Lentil soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Cream of Vegetable soup served with crispy croutons and sunflower / pumpkin / mixed seeds
<b>PREMIUM UNIT PRODUCED BREAD</b>	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls
<b>MAIN MEAL OPTION</b>	Spaghetti Bolognese Minced beef in a rich tomato sauce served with pasta	Sticky Pork Sticky barbecue sauce	Chicken Wraps Crispy chicken BBQ chicken	Beef Fajitas Beef strips in a spicy fajita sauce with onions and peppers	Fillet of sustainable breaded haddock served with a lemon wedge & tartare sauce Oven baked cod fish fingers Breaded Chicken
<b>VEGETARIAN OPTION</b>	Vegetable Mince Pie (v) <i>Quorn mince in a vegetable gravy</i>	Mushroom Ravioli (v)	Vegetable Wraps (v)	Vegetable Fajitas (v)	Quorn Nuggets (v) <i>Deep fried crumbed quorn</i>
<b>FRESHLY BAKED SNACKS</b>	Various panini's. Choice of 3 options Mixed toasties  Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties  Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties  Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties  Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties  Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple
<b>SIDE ORDERS</b>	Spaghetti Peas Carrots	Basmati rice Mixed vegetables Cabbage	Seasonal Salad	Wraps Guacamole Sour cream Jalapenos	Baked beans Mushy peas Chips Curry Sauce
<b>SALAD BAR</b>	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	
<b>DESSERTS</b>	Iced Sponge & Custard Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Chocolate Delight Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Creamed Rice Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Fresh Fruit Tub Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Happy Friday - Special treat Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis



This menu is available on the week(s) commencing: 23/09/2024

	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>SOUP</b>	Lentil soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Smoken Ham & Pea soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Smoked Haddock Chowder soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Cream of Mushroom soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Potato soup served with crispy croutons and sunflower / pumpkin / mixed seeds
<b>PREMIUM UNIT PRODUCED BREAD</b>	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls
<b>MAIN MEAL OPTION</b>	Steak Pie Braised beef in a gravy & flaky pastry	Chicken Pesto Pasta Diced chicken and pasta in a pesto sauce	Pizza Bar Various mixed pizza	Chinese Curry Diced breast of chicken in a mild curry sauce	Fillet of sustainable breaded haddock served with a lemon wedge & tartare sauce Oven baked cod fish fingers Breaded Chicken
<b>VEGETARIAN OPTION</b>	Forest mushroom and wild rocket tart (v) Mixed mushrooms, egg and rocket in pastry	Vegetable risotto (v) Diced vegetables in a creamy garlic & herb risotto sauce	Vegetarian Pizza (v)	Vegetable Curry (v) Seasonal vegetables in a curry sauce	Macaroni & double cheese bake (v) Classic macaroni pasta bound in a delicious mornay sauce with double the cheese Trade up – garlic bread
<b>FRESHLY BAKED SNACKS</b>	Various panini's. Choice of 3 options Mixed toasties  Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties  Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties  Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties  Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties  Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple
<b>SIDE ORDERS</b>	Roast potatoes Peas Sliced carrots	Crusty roll Sweetcorn	Seasonal salad Wedges	Rice Prawn crackers Peas / carrots	Baked beans Mushy peas Chips Curry Sauce
<b>SALAD BAR</b>	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	
<b>DESSERTS</b>	Raspberry Delight Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Jelly & Cream Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Chocolate Sponge & Custard Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Fresh Fruit or Yoghurt Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Happy Friday - Special treat Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis



This menu is available on the week(s) commencing: 30/09/2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>SOUP</b>	Chicken Noodle soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Tomato soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Barley Broth soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Carrot & Coriander soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Yellow Split Pea soup served with crispy croutons and sunflower / pumpkin / mixed seeds
<b>PREMIUM UNIT PRODUCED BREAD</b>	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls
<b>MAIN MEAL OPTION</b>	Mince Pie Savoury mince topped with puff pastry square	Beef in Black Bean Sauce Beef strips in a mild black bean sauce	Chicken Wraps Crispy chicken Thai green curry chicken	Macaroni With a double cheese sauce	Fillet of sustainable breaded haddock served with a lemon wedge & tartare sauce Oven baked cod fish fingers Breaded Chicken
<b>VEGETARIAN OPTION</b>	Vegetable Bologneset (v) Chunky vegetables in a garlic, herb & tomato sauce	Cajun Vegetables (v) Seasonal vegetables in creamy cajun sauce	Vegetarian Wrap Bar (v)	Macaroni (v) With a double cheese sauce	Vegetable Nuggets (v)
<b>FRESHLY BAKED SNACKS</b>	Various panini's. Choice of 3 options Mixed toasties  Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties  Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties  Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties  Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties  Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple
<b>SIDE ORDERS</b>	Mash Peas Diced turnip	Boiled rice Sweetcorn	Tossed salad	Noisette potatoes Turnip Green beans	Baked beans Mushy peas Chips Curry Sauce
<b>SALAD BAR</b>	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	
<b>DESSERTS</b>	Ice Cream Tub Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Chocolate Sponge & Chocolate Sauce Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Eton Mess Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Fresh Fruit Salad Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Happy Friday - Special treat Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis