



This menu is available on the week(s) commencing: 07/10/2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Spiced Cauliflower soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Lentil soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Potato & Leek soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Cream of Chicken soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Broth soup served with crispy croutons and sunflower / pumpkin / mixed seeds
PREMIUM UNIT PRODUCED BREAD	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls
MAIN MEAL OPTION	Chicken Carbonara Chicken in a creamy carbonara sauce with pasta	Roast pork loin with apple gravy In a rich gravy sauce with Yorkshire pudding	Sausage Rolls Rolled pork meat in flaky pastry	Chilli con carne Minced beef in a spicy tomato sauce	Fillet of sustainable breaded haddock served with a lemon wedge & tartare sauce Oven baked cod fish fingers Breaded Chicken
VEGETARIAN OPTION	Vegetable Carbonara (v) Seasonal vegetables in a creamy carbonara sauce	Chick Pea Bolognese (v) Chick peas in a garlic bolognese sauce	Creamy tomato pasta bake (v)	Vegetable chilli (v) Chunky vegetables in a basil & garlic spicy sauce	Chilli Poppers (v) Cream cheese & red pepper in breadcrumbs
FRESHLY BAKED SNACKS	Various panini's. Choice of 3 options Mixed toasties Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple
SIDE ORDERS	Garlic bread Peas Sweetcorn	Boiled potatoes Green beans Sliced carrot	Croquettes Spaghetti hoops	Boiled rice Baby corn Peas	Baked beans Mushy peas Chips Curry Sauce
SALAD BAR	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	
DESSERTS	Raspberry Delight Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Chocolate Sponge & Custard Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Ice Cream Tub Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Yoghurt Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Happy Friday - Special treat Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis



This menu is available on the week(s) commencing: 28/10/2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Sweet Potato & Chilli soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Chicken Noodle soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Green Pea soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Cream of Mushroom soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Vegetable soup served with crispy croutons and sunflower / pumpkin / mixed seeds
PREMIUM UNIT PRODUCED BREAD	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls
MAIN MEAL OPTION	Chicken Katsu Curry Breaded chicken in a creamy katsu sauce	Bangers & Mash Pork sausages in a rich jus & mash	Chicken Wraps Crispy chicken Sweet chilli chicken	Beef Lasagne Minced beef in a garlic, chopped tomato and her sauce with pasta strips	Fillet of sustainable breaded haddock served with a lemon wedge & tartare sauce Oven baked cod fish fingers Breaded Chicken
VEGETARIAN OPTION	Vegetable Katsu (v) Diced vegetables in a creamy katsu sauce	Vegetarian Sausage & Mash (v) Vegetable sausages in a rich jus & mash	Vegetarian Wrap (v)	Vegetable Lasagne (v) Seasonal vegetables in a garlic & herb cream	Quorn Nuggets (v) Deep fried crumbed quorn
FRESHLY BAKED SNACKS	Various panini's. Choice of 3 options Mixed toasties Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple
SIDE ORDERS	Basmati rice Poppadoms Baby corn	Mashed potato Peas Baked beans	Seasonal salad	Crusty bread Sliced carrots Broccoli	Baked beans Mushy peas Chips Curry Sauce
SALAD BAR	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	
DESSERTS	Apple Crumble & Custard Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Jelly & Cream Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Chocolate Fudge Cake Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Yoghurt Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Happy Friday - Special treat Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis



This menu is available on the week(s) commencing: 04/11/2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Cream of Chicken soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Curried Parsnip soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Potato soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Carrot & Coriander soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Tomato & Red Pepper soup served with crispy croutons and sunflower / pumpkin / mixed seeds
PREMIUM UNIT PRODUCED BREAD	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls
MAIN MEAL OPTION	Meatballs Pork meatballs in a gravy sauce	Chicken Korma Diced chicken in a creamy korma sauce	Burgers Crispy breaded chicken Beef burger	Nachos Minced beef, chilli or salsa sauce served with nacho chips	Fillet of sustainable breaded haddock served with a lemon wedge & tartare sauce Oven baked cod fish fingers Breaded Chicken
VEGETARIAN OPTION	Quorn meatballs (v) In a rich vegetable gravy	Vegetable Korma (v)	Vegetarian Burger (v)	Salsa Nachos (v)	Quorn Nuggets (v) Deep fried crumbed quorn
FRESHLY BAKED SNACKS	Various panini's. Choice of 3 options Mixed toasties Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple
SIDE ORDERS	Mashed potato Carrots Sugar snap peas	Rice Peas Naan bread	Tossed salad Wedges	Salsa Tortillas Jalapeno Sour cream	Baked beans Mushy peas Chips Curry Sauce
SALAD BAR	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	
DESSERTS	Syrup Sponge & Custard Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Butterscotch Mousse Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Apple Sponge & Cream Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Yoghurt Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Happy Friday - Special treat Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis



This menu is available on the week(s) commencing: 11/11/2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Chicken & Rice soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Cream of Courgette soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Minestrone soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Lentil soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Cream of Vegetable soup served with crispy croutons and sunflower / pumpkin / mixed seeds
PREMIUM UNIT PRODUCED BREAD	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls
MAIN MEAL OPTION	Spaghetti Bolognese Minced beef in a rich tomato sauce served with pasta	Sticky Pork Sticky barbecue sauce	Chicken Wraps Crispy chicken BBQ chicken	Beef Fajitas Beef strips in a spicy fajita sauce with onions and peppers	Fillet of sustainable breaded haddock served with a lemon wedge & tartare sauce Oven baked cod fish fingers Breaded Chicken
VEGETARIAN OPTION	Vegetable Mince Pie (v) <i>Quorn mince in a vegetable gravy</i>	Mushroom Ravioli (v)	Vegetable Wraps (v)	Vegetable Fajitas (v)	Quorn Nuggets (v) <i>Deep fried crumbed quorn</i>
FRESHLY BAKED SNACKS	Various panini's. Choice of 3 options Mixed toasties Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple
SIDE ORDERS	Spaghetti Peas Carrots	Basmati rice Mixed vegetables Cabbage	Seasonal Salad	Wraps Guacamole Sour cream Jalapenos	Baked beans Mushy peas Chips Curry Sauce
SALAD BAR	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	
DESSERTS	Iced Sponge & Custard Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Chocolate Delight Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Creamed Rice Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Fresh Fruit Tub Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Happy Friday - Special treat Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis



This menu is available on the week(s) commencing: 18/11/2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Lentil soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Smoken Ham & Pea soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Smoked Haddock Chowder soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Cream of Mushroom soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Potato soup served with crispy croutons and sunflower / pumpkin / mixed seeds
PREMIUM UNIT PRODUCED BREAD	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls
MAIN MEAL OPTION	Steak Pie Braised beef in a gravy & flaky pastry	Chicken Pesto Pasta Diced chicken and pasta in a pesto sauce	Pizza Bar Various mixed pizza	Chinese Curry Diced breast of chicken in a mild curry sauce	Fillet of sustainable breaded haddock served with a lemon wedge & tartare sauce Oven baked cod fish fingers Breaded Chicken
VEGETARIAN OPTION	Forest mushroom and wild rocket tart (v) Mixed mushrooms, egg and rocket in pastry	Vegetable risotto (v) Diced vegetables in a creamy garlic & herb risotto sauce	Vegetarian Pizza (v)	Vegetable Curry (v) Seasonal vegetables in a curry sauce	Macaroni & double cheese bake (v) Classic macaroni pasta bound in a delicious mornay sauce with double the cheese Trade up – garlic bread
FRESHLY BAKED SNACKS	Various panini's. Choice of 3 options Mixed toasties Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple
SIDE ORDERS	Roast potatoes Peas Sliced carrots	Crusty roll Sweetcorn	Seasonal salad Wedges	Rice Prawn crackers Peas / carrots	Baked beans Mushy peas Chips Curry Sauce
SALAD BAR	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	
DESSERTS	Raspberry Delight Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Jelly & Cream Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Chocolate Sponge & Custard Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Fresh Fruit or Yoghurt Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Happy Friday - Special treat Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis



This menu is available on the week(s) commencing: 25/11/2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Chicken Noodle soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Tomato soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Barley Broth soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Carrot & Coriander soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Yellow Split Pea soup served with crispy croutons and sunflower / pumpkin / mixed seeds
PREMIUM UNIT PRODUCED BREAD	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls
MAIN MEAL OPTION	Mince Pie Savoury mince topped with puff pastry square	Beef in Black Bean Sauce Beef strips in a mild black bean sauce	Chicken Wraps Crispy chicken Thai green curry chicken	Macaroni With a double cheese sauce	Fillet of sustainable breaded haddock served with a lemon wedge & tartare sauce Oven baked cod fish fingers Breaded Chicken
VEGETARIAN OPTION	Vegetable Bologneset (v) Chunky vegetables in a garlic, herb & tomato sauce	Cajun Vegetables (v) Seasonal vegetables in creamy cajun sauce	Vegetarian Wrap Bar (v)	Macaroni (v) With a double cheese sauce	Vegetable Nuggets (v)
FRESHLY BAKED SNACKS	Various panini's. Choice of 3 options Mixed toasties Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple
SIDE ORDERS	Mash Peas Diced turnip	Boiled rice Sweetcorn	Tossed salad	Noisette potatoes Turnip Green beans	Baked beans Mushy peas Chips Curry Sauce
SALAD BAR	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	
DESSERTS	Ice Cream Tub Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Chocolate Sponge & Chocolate Sauce Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Eton Mess Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Fresh Fruit Salad Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Happy Friday - Special treat Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis