



This menu is available on the week(s) commencing: 13/01/2025

	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>SOUP</b>	Chicken Noodle soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Cream of Tomato soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Chicken & Rice soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Carrot & Coriander soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Yellow Split Pea soup served with crispy croutons and sunflower / pumpkin / mixed seeds
<b>PREMIUM UNIT PRODUCED BREAD</b>	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls
<b>MAIN MEAL OPTION</b>	Mince Pie Savoury mince topped with puff pastry square	Beef Jalfrezi Beef in a spicy Jalfrezi sauce	Chicken Wraps Crispy chicken Thai green curry chicken	Macaroni With a double cheese sauce	Fillet of sustainable breaded haddock served with a lemon wedge & tartare sauce Oven baked cod fish fingers Breaded Chicken
<b>VEGETARIAN OPTION</b>	Vegetable Bolognese (v) Chunky vegetables in a garlic, herb & tomato sauce	Jalfrezi Vegetables (v) Vegetables in a spicy Jalfrezi sauce	Vegetarian Wrap Bar (v)	Macaroni (v) With a double cheese sauce	Vegetable Nuggets (v)
<b>FRESHLY BAKED SNACKS</b>	Various panini's. Choice of 3 options Mixed toasties  Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties  Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties  Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties  Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties  Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple
<b>SIDE ORDERS</b>	Mash Peas Diced Turnip	Boiled Rice Sweetcorn	Tossed Salad	Noisette Potatoes Turnip Green Beans	Baked Beans Mushy Peas Chips Curry Sauce
<b>SALAD BAR</b>	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	
<b>DESSERTS</b>	Ice Cream Tub Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Chocolate Sponge & Chocolate Sauce Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Banoffee Mess Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Fresh Fruit Salad Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Happy Friday - Special treat Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis



This menu is available on the week(s) commencing: 20/01/2025

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>SOUP</b>	Tomato soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Green Split Pea soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Lentil & Tomato soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Cream of Mushroom soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Potato soup served with crispy croutons and sunflower / pumpkin / mixed seeds
<b>PREMIUM UNIT PRODUCED BREAD</b>	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls
<b>MAIN MEAL OPTION</b>	Steak Pie Braised beef in a gravy & flaky pastry	Chicken Pesto Pasta Diced chicken and pasta in a pesto sauce	Pizza Bar Various mixed pizza	Chinese Curry Diced breast of chicken in a mild curry sauce	Fillet of sustainable breaded haddock served with a lemon wedge & tartare sauce Oven baked cod fish fingers Breaded Chicken
<b>VEGETARIAN OPTION</b>	Forest Mushroom & Wild Rocket Tart (v) Mixed mushrooms, egg and rocket in pastry	Vegetable Risotto (v) Diced vegetables in a creamy garlic & herb risotto sauce	Vegetarian Pizza (v)	Vegetable Curry (v) Seasonal vegetables in a curry sauce	Macaroni & Double Cheese Bake (v) Classic macaroni pasta bound in a delicious mornay sauce with double the cheese. Trade up – garlic bread.
<b>FRESHLY BAKED SNACKS</b>	Various panini's. Choice of 3 options Mixed toasties  Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties  Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties  Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties  Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties  Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple
<b>SIDE ORDERS</b>	Roast potatoes Peas Sliced Carrots	Crusty Roll Sweetcorn	Seasonal Salad Wedges	Rice Prawn Crackers Peas / Carrots	Baked Beans Mushy Peas Chips Curry Sauce
<b>SALAD BAR</b>	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	
<b>DESSERTS</b>	Raspberry Delight Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Jelly & Cream Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Chocolate Sponge & Custard Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Fresh Fruit or Yoghurt Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Happy Friday - Special treat Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis



This menu is available on the week(s) commencing: 27/01/2025

	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>SOUP</b>	Sweet Potato & Chilli soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Chicken Noodle soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Green Pea soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Cream of Mushroom soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Vegetable soup served with crispy croutons and sunflower / pumpkin / mixed seeds
<b>PREMIUM UNIT PRODUCED BREAD</b>	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls
<b>MAIN MEAL OPTION</b>	Chicken Katsu Curry Breaded chicken in a creamy Katsu sauce	Bangers & Mash Pork sausages in a rich jus & mash	Chicken Wraps Crispy chicken Sweet Chili Chicken	Beef Lasagne Minced beef in a garlic, chopped tomato and her sauce with pasta strips	Fillet of sustainable breaded haddock served with a lemon wedge & tartare sauce Oven baked cod fish fingers Breaded Chicken
<b>VEGETARIAN OPTION</b>	Vegetarian Katsu (v) Diced vegetables in a creamy Katsu sauce	Vegetarian Sausage & Mash (v) Vegetable sausages in a rich jus & mash	Vegetarian Wrap (v)	Vegetable Lasagne (v)	Quorn Nuggets (v) Deep fried crumbed quorn
<b>FRESHLY BAKED SNACKS</b>	Various panini's. Choice of 3 options Mixed toasties  Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties  Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties  Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties  Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties  Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple
<b>SIDE ORDERS</b>	Basmati Rice Poppadoms Baby Corn	Mashed Potato Peas Baked Beans	Seasonal Salad	Crusty Bread Sliced Carrots Broccoli	Baked Beans Mushy Peas Chips Curry Sauce
<b>SALAD BAR</b>	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	
<b>DESSERTS</b>	Apple Crumble & Custard Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Jelly & Cream Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Chocolate Fudge Cake Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Yoghurt Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Happy Friday - Special treat Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis



This menu is available on the week(s) commencing: 03/02/2025

	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>SOUP</b>	Chicken & Rice soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Cream of Courgette soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Minestrone soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Lentil soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Cream of Vegetable soup served with crispy croutons and sunflower / pumpkin / mixed seeds
<b>PREMIUM UNIT PRODUCED BREAD</b>	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls
<b>MAIN MEAL OPTION</b>	Spaghetti Bolognese Minced beef in a rich tomato sauce served with pasta	Roast Chicken In a rich gravy sauce	Chicken Wraps Crispy chicken BBQ chicken	Moroccan Beef Tagine Diced beef in a spicy chickpea sauce	Fillet of sustainable breaded haddock served with a lemon wedge & tartare sauce Oven baked cod fish fingers Breaded Chicken
<b>VEGETARIAN OPTION</b>	Vegetable Bolognese (v) Quorn mince in a vegetable gravy	Mushroom Ravioli (v)	Vegetable Wraps (v)	Vegetable Tagine (v)	Quorn Nuggets (v) Deep fried crumbed quorn
<b>FRESHLY BAKED SNACKS</b>	Various panini's. Choice of 3 options Mixed toasties  Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties  Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties  Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties  Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties  Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple
<b>SIDE ORDERS</b>	Spaghetti Peas Carrots	Boiled potatoes Mixed vegetables Cabbage	Seasonal Salad	Couscous Peas Bread	Baked Beans Mushy Peas Chips Curry Sauce
<b>SALAD BAR</b>	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	
<b>DESSERTS</b>	Iced Sponge & Custard Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Trifle Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Chocolate Delight Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Fresh Fruit Tub Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Happy Friday - Special treat Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis



This menu is available on the week(s) commencing: 17/02/2025

	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>SOUP</b>	Cream of Chicken soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Cream of Parsnip soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Potato soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Carrot & Coriander soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Tomato & Red Pepper soup served with crispy croutons and sunflower / pumpkin / mixed seeds
<b>PREMIUM UNIT PRODUCED BREAD</b>	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls
<b>MAIN MEAL OPTION</b>	Meatballs Pork meatballs in a gravy sauce	Chicken Korma Diced chicken in a creamy korma sauce	Burgers Crispy breaded chicken Beef burger	Nachos Minced beef, chilli or salsa sauce served with nacho chips	Fillet of sustainable breaded haddock served with a lemon wedge & tartare sauce Oven baked cod fish fingers Breaded Chicken
<b>VEGETARIAN OPTION</b>	Quorn Meatballs (v) In a rich vegetable gravy	Vegetable Korma (v)	Vegetarian Burger (v)	Salsa Nachos (v)	Quorn Nuggets (v) Deep fried crumbed quorn
<b>FRESHLY BAKED SNACKS</b>	Various panini's. Choice of 3 options Mixed toasties  Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties  Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties  Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties  Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties  Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple
<b>SIDE ORDERS</b>	Mashed Potatoes Carrots Sugat Snap Peas	Rice Peas Naan Bread	Tossed Salad Wedge	Salsa Tortillas Jalapeno Sour Cream	Baked Beans Mushy Peas Chips Curry Sauce
<b>SALAD BAR</b>	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	
<b>DESSERTS</b>	Syrup Sponge & Custard Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Butterscotch Mousse Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Rice Pudding Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Yoghurt Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Happy Friday - Special treat Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis



This menu is available on the week(s) commencing: 24/02/2025

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>SOUP</b>	Cream of Cauliflower soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Lentil soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Potato & Leek soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Cream of Chicken soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Broth soup served with crispy croutons and sunflower / pumpkin / mixed seeds
<b>PREMIUM UNIT PRODUCED BREAD</b>	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls
<b>MAIN MEAL OPTION</b>	Chicken Carbonara Chicken in a creamy carbonara sauce with pasta	Roast Pork Loin with Apple Gravy In a rich gravy sauce with Yorkshire pudding	Sausage Rolls Rolled pork meat in flaky pastry	Chilli con carne Minced beef in a spicy tomato sauce	Fillet of sustainable breaded haddock served with a lemon wedge & tartare sauce Oven baked cod fish fingers Breaded Chicken
<b>VEGETARIAN OPTION</b>	Vegetable Carbonara (v) Chunky vegetables in a garlic, herb & tomato sauce	Chickpea Bolognese (v) Chickpeas in a garlic bolognese sauce	Creamy Tomato Pasta Bake (v)	Vegetable Chilli (v) Chunky vegetables in a basil & garlic spicy sauce	Macaroni Bites (v) Classic macaroni pasta bound in a delicious mornay sauce with double the cheese, coated in breadcrumbs
<b>FRESHLY BAKED SNACKS</b>	Various panini's. Choice of 3 options Mixed toasties  Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties  Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties  Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties  Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties  Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple
<b>SIDE ORDERS</b>	Garlic Bread Peas Sweetcorn	Boiled Potatoes Green Beans Sliced Carrot	Crquettes Spaghetti Hoops	Boiled Rice Baby Corn Peas	Baked Beans Mushy Peas Chips Curry Sauce
<b>SALAD BAR</b>	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	
<b>DESSERTS</b>	Raspberry Delight Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Chocolate Sponge & Custard Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Ice Cream Tub Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Yoghurt Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Happy Friday - Special treat Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis