



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>SOUP</b>	Chicken Noodle soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Cream of Tomato soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Yellow Split Pea soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Carrot & Coriander soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Yellow Split Pea soup served with crispy croutons and sunflower / pumpkin / mixed seeds
<b>PREMIUM UNIT PRODUCED BREAD</b>	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls
<b>MAIN MEAL OPTION</b>	Mince Pie Savoury mince topped with puff pastry square	Gammon Steak Gammon in a pineapple glaze	Chicken Wraps Crispy breaded chicken Thai green curry chicken	Macaroni Double cheese sauce	Fillet of sustainable breaded haddock served with a lemon wedge & tartare sauce Oven baked cod fish fingers Breaded Chicken
<b>VEGETARIAN OPTION</b>	Vegetable Bolognese (v) Chunky vegetables in a garlic, herb & tomato sauce	Chilli cheese poppers (v) Cream cheese wrapped in a red pepper	Vegetarian Wrap Bar (v)	Macaroni (v) Double cheese sauce	Vegetable Nuggets (v)
<b>FRESHLY BAKED SNACKS</b>	Various panini's. Choice of 3 options Mixed toasties  Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties  Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties  Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties  Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties  Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple
<b>SIDE ORDERS</b>	Mash Peas	Noisette Potatoes Sweetcorn	Tossed Salad	Green Beans Garlic Bread	Baked Beans Mushy Peas Chips Curry Sauce
<b>SALAD BAR</b>	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options
<b>DESSERTS</b>	Ice Cream Tub Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Chocolate Sponge & Chocolate Sauce Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Banoffee Mess Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Fresh Fruit Salad Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Happy Friday - Special treat Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis



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<b>SOUP</b>	Cream of Cauliflower soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Lentil soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Potato & Leek soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Cream of Chicken soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Broth soup served with crispy croutons and sunflower / pumpkin / mixed seeds
<b>PREMIUM UNIT PRODUCED BREAD</b>	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls
<b>MAIN MEAL OPTION</b>	Chicken Carbonara Chicken in a creamy carbonara sauce with pasta	Roast Pork with Apple Gravy In a rich apple gravy sauce with Yorkshire Pudding	Sausage Rolls Rolled pork meat in flaky pastry	Meatball in a Tomato Sauce Minced meatballs in a spicy tomato sauce	Fillet of sustainable breaded haddock served with a lemon wedge & tartare sauce Oven baked cod fish fingers Breaded Chicken
<b>VEGETARIAN OPTION</b>	Vegetable Carbonara (v) Seasonal vegetables in a creamy carbonara sauce	Chickpea Bolognese (v) Chickpeas in a garlic bolognese sauce	Creamy Tomato Pasta Bake (v)	Vegetable Chilli (v) Chunky vegetables in a basil & garlic spicy sauce	Macaroni Bites (v) Classic macaroni pasta bound in a delicious mornay sauce with double the cheese, coated in breadcrumbs
<b>FRESHLY BAKED SNACKS</b>	Various panini's. Choice of 3 options Mixed toasties  Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties  Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties  Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties  Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties  Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple
<b>SIDE ORDERS</b>	Garlic Bread Peas Sweetcorn	Boiled Potatoes Parsnips Sliced Carrot	Noisettes Potatoes Spaghetti Hoops	Boiled Rice Baby Corn Peas	Baked Beans Mushy Peas Chips Curry Sauce
<b>SALAD BAR</b>	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options
<b>DESSERTS</b>	Raspberry Delight Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Tiffin Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Ice Cream Tub Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Yoghurt Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Happy Friday - Special treat Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis



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<b>SOUP</b>	Chicken & Rice soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Cream of Courgette soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Minestrone soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Lentil soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Cream of Vegetable soup served with crispy croutons and sunflower / pumpkin / mixed seeds
<b>PREMIUM UNIT PRODUCED BREAD</b>	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls
<b>MAIN MEAL OPTION</b>	Spaghetti Bolognese Minced beef in a rich tomato sauce served with pasta	Roast Chicken In a rich gravy	Chicken Wraps Crispy breaded chicken BBQ chicken	Tomato Pasta	Fillet of sustainable breaded haddock served with a lemon wedge & tartare sauce Oven baked cod fish fingers Breaded Chicken
<b>VEGETARIAN OPTION</b>	Vegetable Bolognese (v) Quorn mince in a rich tomato sauce	Mushroom Ravioli (v)	Vegetarian Wraps (v)	Tomato Gnocchi (v)	Quorn Nuggets (v) Deep fried crumbed Quorn
<b>FRESHLY BAKED SNACKS</b>	Various panini's. Choice of 3 options Mixed toasties  Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties  Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties  Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties  Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties  Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple
<b>SIDE ORDERS</b>	Spaghetti Peas Carrots	Boiled Potatoes Mixed Vegetables Maple Parsnips	Seasonal Salad	Peas Crusty Bread	Baked Beans Mushy Peas Chips Curry Sauce
<b>SALAD BAR</b>	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options
<b>DESSERTS</b>	Iced Sponge & Custard Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Apple Pie & Cream Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Strawberry Jelly Pots Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Fresh Fruit Tub Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Happy Friday - Special treat Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis



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<b>SOUP</b>	Sweet Potato & Chilli soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Chicken Noodle soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Green Pea soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Cream of Mushroom soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Vegetable soup served with crispy croutons and sunflower / pumpkin / mixed seeds
<b>PREMIUM UNIT PRODUCED BREAD</b>	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls
<b>MAIN MEAL OPTION</b>	Chicken Katsu Curry Breaded chicken in a creamy Katsu sauce	Bangers & Mash Pork sausages in a rich jus & mash	Chicken Wraps Crispy chicken Sweet Chili Chicken	Deli Bar Day Various fillings with Baguettes	Fillet of sustainable breaded haddock served with a lemon wedge & tartare sauce Oven baked cod fish fingers Breaded Chicken
<b>VEGETARIAN OPTION</b>	Vegetarian Burrito (v)	Vegetarian Sausage & Mash (v) Vegetable sausages in a rich jus & mash	Vegetarian Wrap (v)	Deli Bar Day (v) Various fillings with Baguettes	Quorn Nuggets (v) Deep fried crumbed quorn
<b>FRESHLY BAKED SNACKS</b>	Various panini's. Choice of 3 options Mixed toasties  Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties  Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties  Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties  Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties  Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple
<b>SIDE ORDERS</b>	Rice Baby Corn	Mashed Potato Peas Baked Beans	Seasonal Salad		Baked Beans Mushy Peas Chips Curry Sauce
<b>SALAD BAR</b>	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	
<b>DESSERTS</b>	Toffee Apple Crumble & Custard Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Orange Jelly Pots Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Jam & Coconut Sponge & Custard Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Yoghurt & Coulis Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Happy Friday - Special treat Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis



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<b>SOUP</b>	Tomato soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Green Split Pea soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Lentil & Tomato soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Cream of Mushroom soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Cauliflower soup served with crispy croutons and sunflower / pumpkin / mixed seeds
<b>PREMIUM UNIT PRODUCED BREAD</b>	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls
<b>MAIN MEAL OPTION</b>	Steak Pie Braised beef in a gravy & flaky pastry	Minced Beef Lasagne Minced beef in a tomato sauce with layers of pasta	Pasta Day Pasta with various sauces	Chinese Curry Diced breast of chicken in a mild curry sauce	Fillet of sustainable breaded haddock served with a lemon wedge & tartare sauce Oven baked cod fish fingers Breaded Chicken
<b>VEGETARIAN OPTION</b>	Forest Mushroom & Wild Rocket Tart (v) Mixed mushrooms, egg & rocket in pastry	Vegetable Risotto (v) Diced vegetables in a creamy garlic & herb risotto sauce	Vegetarian Pasta (v)	Vegetable Curry (v) Seasonal vegetables in a curry sauce	Bean & Squash Tagine (v)
<b>FRESHLY BAKED SNACKS</b>	Various panini's. Choice of 3 options Mixed toasties  Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties  Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties  Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties  Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties  Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple
<b>SIDE ORDERS</b>	Roast Potatoes Peas Sliced Carrots	Garlic Bread Sweetcorn Mixed Veg	Noisettes Potatoes	Rice Praen Crackers Peas & Carrots	Baked Beans Mushy Peas Chips Curry Sauce
<b>SALAD BAR</b>	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	
<b>DESSERTS</b>	Raspberry Delight Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Strawberry Jelly Pots Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Chocolate Sponge & Custard Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Fresh Fruit or yoghurt Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Happy Friday - Special treat Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis



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<b>SOUP</b>	Cream of Sweetcorn soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Curried Parsnip soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Potato soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Carrot & Coriander soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Tomato & Red Pepper soup served with crispy croutons and sunflower / pumpkin / mixed seeds
<b>PREMIUM UNIT PRODUCED BREAD</b>	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls
<b>MAIN MEAL OPTION</b>	Meatballs Pork meatballs in a gravy sauce	Chicken Korma Diced chicken in a creamy korma sauce	Burgers Crispy breaded chicken Beef burger	Nachos Minced beef, chilli or salsa sauce served with nacho chips	Fillet of sustainable breaded haddock served with a lemon wedge & tartare sauce Oven baked cod fish fingers Breaded Chicken
<b>VEGETARIAN OPTION</b>	Quorn Meatballs (v) In a rich vegetable gravy	Vegetable Korma (v)	Vegetarian Burger (v)	Salsa Nachos (v)	Quorn Nuggets (v) Deep fried crumbed quorn
<b>FRESHLY BAKED SNACKS</b>	Various panini's. Choice of 3 options Mixed toasties  Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties  Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties  Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties  Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Various panini's. Choice of 3 options Mixed toasties  Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple
<b>SIDE ORDERS</b>	Mashed Potatoes Carrots Sugat Snap Peas	Rice Peas Naan Bread	Tossed Salad Wedge	Salsa Tortillas Jalapeno Sour Cream	Baked Beans Mushy Peas Chips Curry Sauce
<b>SALAD BAR</b>	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	
<b>DESSERTS</b>	Syrup Sponge & Custard Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Butterscotch Mousse Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Rice Pudding Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Yoghurt Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Happy Friday – Special treat Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis