



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Cream of Broccoli soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Lentil soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Potato soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Cream of Tomato soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Tomato & Red Pepper soup served with crispy croutons and sunflower / pumpkin / mixed seeds
PREMIUM UNIT PRODUCED BREAD	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls
MAIN MEAL OPTION	Meatballs Pork meatballs in a gravy sauce	Sandwich Day Cajun chicken baguette Various wraps Various filled sandwiches	Burgers Crispy breaded chicken Beef burger	Baked Potato Day Hot fillings Chicken Curry	Fillet of sustainable breaded haddock served with a lemon wedge & tartare sauce Oven baked cod fish fingers Breaded Chicken
VEGETARIAN OPTION	Quorn Meatballs (v) In rich vegetable gravy	Sandwich Day (v)	Vegetarian Burger (v)	Baked Potato Day (v)	Vegetable Nuggets (v) Deep fried crumbed Quorn
FRESHLY BAKED SNACKS	Various panini's. Choice of 3 options Mixed toasties Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Tuna & Red Onion Bagels Cheese & Tomato Pizzini	Various panini's. Choice of 3 options Mixed toasties Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Baked Potato Day Cold fillings Cheese Coleslaw Tuna Mayonnaise	Various panini's. Choice of 3 options Mixed toasties Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple
SIDE ORDERS	Herb Diced Potatoes Carrots Green Beans		Tossed Salad Wedges	Seasonal Tossed Salad	Baked Beans Mushy Peas Chips Curry Sauce
SALAD BAR	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options
DESSERTS	Syrup sponge & custard Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Strawberry Ice Cream Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Rice Pudding Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Fruit Yoghurt Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Happy Friday – Special treat Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis



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SOUP	Chicken & Rice soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Cream of Tomato & Red Pepper soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Minestrone soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Cream of Chicken soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Cream of Vegetable soup served with crispy croutons and sunflower / pumpkin / mixed seeds
PREMIUM UNIT PRODUCED BREAD	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls
MAIN MEAL OPTION	Spaghetti Bolognese Minced beef in a rich tomato sauce served with spaghetti	Sandwich Day Chicken Fajita baguette Various wraps Various filled sandwiches	Chicken Wraps Crispy breaded chicken BBQ chicken	Baked Potato Day Hot fillings Macaroni Cheese	Fillet of sustainable breaded haddock served with a lemon wedge & tartare sauce Oven baked cod fish fingers Breaded Chicken
VEGETARIAN OPTION	Vegetable Bolognese (v) Quorn mince in a rich tomato sauce	Sandwich Day (v)	Vegetarian Wraps (v)	Baked Potato Day (v)	Vegetable Nuggets (v) Deep fried crumbed Quorn
FRESHLY BAKED SNACKS	Various panini's. Choice of 3 options Mixed toasties Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Ham Salad Bagel Spicy Chicken Pizzini	Various panini's. Choice of 3 options Mixed toasties Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Baked Potato Day Cold fillings Cheese Coleslaw Tuna Mayonnaise	Various panini's. Choice of 3 options Mixed toasties Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple
SIDE ORDERS	Spaghetti Peas Carrots		Seasonal Salad	Seasonal Salad	Baked Beans Mushy Peas Chips Curry Sauce
SALAD BAR	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options
DESSERTS	Iced Sponge & Custard Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Orange Jelly & Cream Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Apple Crumble & Cream Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Fruit Yoghurt Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Happy Friday - Special treat Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis



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SOUP	Cream of Cauliflower soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Cream of Tomato & Pepperami soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Potato & Leek soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Carrot & Coriander soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Broth soup served with crispy croutons and sunflower / pumpkin / mixed seeds
PREMIUM UNIT PRODUCED BREAD	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls
MAIN MEAL OPTION	Pasta Bolognese Minced beef in a rich tomato sauce served with pasta	Sandwich Day Meatball Marinara Baguette Various wraps Various filled sandwiches	Sausage Rolls Rolled pork meat in flaky pastry	Baked Potato Day Hot fillings Spicy Chicken	Fillet of sustainable breaded haddock served with a lemon wedge & tartare sauce Oven baked cod fish fingers Breaded Chicken
VEGETARIAN OPTION	Vegetable Bolognese (v) Seasonal vegetables in a rich tomato sauce	Sandwich Day (v)	Creamy Tomato Pasta Bake (v)	Baked Potato Day (v)	Macaroni Bites (v) Classic macaroni pasta bound in a delicious mornay sauce with double cheese and coated in breadcrumbs
FRESHLY BAKED SNACKS	Various panini's. Choice of 3 options Mixed toasties Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Smoked Salmon and Cream Cheese Bagel Spicy Chicken Pizzini	Various panini's. Choice of 3 options Mixed toasties Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Baked Potato Day Cold fillings Cheese Coleslaw Tuna Mayonnaise	Various panini's. Choice of 3 options Mixed toasties Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple
SIDE ORDERS	Garlic Bread Peas Sweetcorn		Noisettes Potatoes Spaghetti Hoops	Seasonal Tossed Salad	Baked Beans Mushy Peas Chips Curry Sauce
SALAD BAR	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options
DESSERTS	Raspberry Delight Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Chocolate Ice Cream Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Tiffin Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Fruit Yoghurt Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Happy Friday - Special treat Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis



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SOUP	Sweet Potato & Chilli soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Chicken Noodle soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Green Pea soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Cream of Mushroom soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Vegetable soup served with crispy croutons and sunflower / pumpkin / mixed seeds
PREMIUM UNIT PRODUCED BREAD	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls
MAIN MEAL OPTION	Chicken Katsu Curry Breaded chicken in a creamy Katsu sauce	Sandwich Day BBQ Chicken Baguette Various wraps Various filled sandwiches	Chicken Wraps Crispy chicken Sweet Chili Chicken	Baked Potato Day Hot fillings Haggis in Pepper Sauce	Fillet of sustainable breaded haddock served with a lemon wedge & tartare sauce Oven baked cod fish fingers Breaded Chicken
VEGETARIAN OPTION	Vegetarian Burrito (v)	Sandwich Day (v)	Vegetarian Wrap (v)	Baked Potato Day (v)	Quorn Nuggets (v) Deep fried crumbed quorn
FRESHLY BAKED SNACKS	Various panini's. Choice of 3 options Mixed toasties Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Hummus Salad Bagel (v) Cheese & Tomato Pizzini	Various panini's. Choice of 3 options Mixed toasties Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Baked Potato Day Cold fillings Cheese Coleslaw Tuna Mayonnaise	Various panini's. Choice of 3 options Mixed toasties Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple
SIDE ORDERS	Rice Baby Corn		Seasonal Salad	Seasonal Salad	Baked Beans Mushy Peas Chips Curry Sauce
SALAD BAR	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	
DESSERTS	Toffee Apple Crumble & Custard Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Vanilla Ice Cream Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Jam & Coconut Sponge & Custard Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Fruit Yoghurt Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Happy Friday - Special treat Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis



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SOUP	Broth soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Cream of Tomato soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Lentil soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Chicken Noodle soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Cauliflower soup served with crispy croutons and sunflower / pumpkin / mixed seeds
PREMIUM UNIT PRODUCED BREAD	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls
MAIN MEAL OPTION	Steak Pie Braised beef in a gravy & flaky pastry	Sandwich Day Cajun Chicken Baguette Various wraps Various filled sandwiches	Pasta Day Pasta with various sauces	Baked Potato Day Hot fillings Beans	Fillet of sustainable breaded haddock served with a lemon wedge & tartare sauce Oven baked cod fish fingers Breaded Chicken
VEGETARIAN OPTION	Forest Mushroom & Wild Rocket Tart (v) <i>Mixed mushrooms, egg & rocket in pastry</i>	Sandwich Day (v)	Vegetarian Pasta (v)	Baked Potato Day (v)	Bean & Squash Tagine (v)
FRESHLY BAKED SNACKS	Various panini's. Choice of 3 options Mixed toasties Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Tuna & Sweetcorn Bagel Spicy Chicken Pizzini	Various panini's. Choice of 3 options Mixed toasties Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Baked Potato Day Cold fillings Cheese Coleslaw Tuna Mayonnaise	Various panini's. Choice of 3 options Mixed toasties Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple
SIDE ORDERS	Roast Potatoes Peas Cabbage		Crusty Roll	Seasonal Salad	Baked Beans Mushy Peas Chips Curry Sauce
SALAD BAR	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	
DESSERTS	Eves Pudding & Custard Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Blackcurrent Jelly & Cream Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Chocolate Sponge & Custard Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Fruit yoghurt Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Happy Friday – Special treat Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis



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SOUP	Chicken Noodle soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Cream of Tomato soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Yellow Split Pea soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Carrot & Coriander soup served with crispy croutons and sunflower / pumpkin / mixed seeds	Vegetable soup served with crispy croutons and sunflower / pumpkin / mixed seeds
PREMIUM UNIT PRODUCED BREAD	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls	Freshly baked bread / wholemeal & white rolls
MAIN MEAL OPTION	Mince Pie Savoury mince topped with puff pastry square	Sandwich Day Cajun Chicken Baguette Various wraps Various filled sandwiches	Chicken Wraps Crispy breaded chicken Thai Green Curry Chicken	Baked Potato Day Hot fillings Chilli Con Carne	Fillet of sustainable breaded haddock served with a lemon wedge & tartare sauce Oven baked cod fish fingers Breaded Chicken
VEGETARIAN OPTION	Vegetable Bolognese (v) Chunky vegetables in a garlic, herb & tomato sauce	Sandwich Day (v)	Vegetarian Wrap (v)	Baked Potato Day (v)	Quorn Nuggets (v) Deep fried crumbed quorn
FRESHLY BAKED SNACKS	Various panini's. Choice of 3 options Mixed toasties Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Brie & Chilli Jam Bagel Tomato & Cheese Pizzini	Various panini's. Choice of 3 options Mixed toasties Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Baked Potato Day Cold fillings Cheese Coleslaw Tuna Mayonnaise	Various panini's. Choice of 3 options Mixed toasties Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple
SIDE ORDERS	Mashed Potatoes Peas Broccoli		Tossed Salad	Tossed Salad	Baked Beans Mushy Peas Chips Curry Sauce
SALAD BAR	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	
DESSERTS	Sultana Sponge & Toffee Sauce Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Strawberry Jelly & Cream Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Sticky Toffee Pudding & Toffee Sauce Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Fruit Yoghurt Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis	Happy Friday - Special treat Seasonal fruit basket Selection of probiotic yoghurts served with granola / fruit coulis