



JUNIOR LUNCH MENU - WEEK 1

Week commencing:

05.10.26

(v) vegetarian, (vg) vegan

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Cream of Broccoli Soup served with crispy croutons and sunflower, pumpkin & mixed seeds	Lentil Soup served with crispy croutons and sunflower, pumpkin & mixed seeds	Potato Soup served with crispy croutons and sunflower, pumpkin & mixed seeds	Cream of Tomato Soup served with crispy croutons and sunflower, pumpkin & mixed seeds	Tomato & Red Pepper Soup served with crispy croutons and sunflower, pumpkin & mixed seeds
	Baked bread, wholemeal & white rolls	Baked bread, wholemeal & white rolls	Baked bread, wholemeal & white rolls	Baked bread, wholemeal & white rolls	Baked bread, wholemeal & white rolls
MAIN MEAL OPTION	Meatballs <i>Pork meatballs in a gravy sauce</i>	<u>Pasta Day</u> Tomato and Vegetable Pasta Bake	<u>Burgers</u> <i>Crispy breaded chicken</i> <i>Beef burger</i>	<u>Baked Potato Day</u> <u>Hot fillings</u> <i>Chicken Curry</i> <i>Vegetable curry</i>	Fillet of sustainable breaded haddock served with a lemon wedge & tartare sauce Oven baked cod fish fingers Breaded Chicken
VEGETARIAN OPTION	Quorn meatballs (v) <i>In a rich vegetable gravy</i>		Vegetarian burger (v)	<u>Cold Fillings</u> Cheese Coleslaw Tuna Mayonnaise	Vegetable Nuggets (v) <i>Deep fried crumbed Quorn</i>
	Various panini's – choice of 3 options Mixed toasties	Selection of Sandwiches Available	Various panini's – choice of 3 options Mixed toasties		
	Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple		Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Seasonal Tossed salad	Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple
SIDE ORDERS	Herb Diced Potatoes Carrots Green Beans	With Crusty Bread	Tossed salad Wedges		Baked beans Chips Curry Sauce
SALAD BAR	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options
SOMETHING SWEET	Syrup sponge & custard Seasonal fruit basket Selection of probiotic yoghurts served with granola & fruit coulis	Chocolate Mousse Seasonal fruit basket Selection of probiotic yoghurts served with granola & fruit coulis	Rice Pudding Seasonal fruit basket Selection of probiotic yoghurts served with granola & fruit coulis	Fruit Yoghurt Seasonal fruit basket Selection of probiotic yoghurts served with granola & fruit coulis	Happy Friday special treat Seasonal fruit basket Selection of probiotic yoghurts served with granola & fruit coulis



JUNIOR LUNCH MENU - WEEK 2

Week commencing:

31.08.26

(v) vegetarian, (vg) vegan

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Chicken & Rice Soup served with crispy croutons and sunflower, pumpkin & mixed seeds	Cream of Tomato & Red Pepper Soup served with crispy croutons and sunflower, pumpkin & mixed seeds	Minestrone Soup served with crispy croutons and sunflower, pumpkin & mixed seeds	Cream of Chicken Soup served with crispy croutons and sunflower, pumpkin & mixed seeds	Cream of Vegetable served with crispy croutons and sunflower, pumpkin & mixed seeds
	Baked bread, wholemeal & white rolls	Baked bread , wholemeal & white rolls	Baked bread, wholemeal & white rolls	Baked bread, wholemeal & white rolls	Baked bread, wholemeal & white rolls
MAIN MEAL OPTION	Spaghetti bolognaise <i>Minced beef in a rich tomato sauce served with pasta</i>	Pasta Day Creamy Chicken and Sweetcorn Pasta	CHICKEN WRAPS Crispy breaded chicken BBQ chicken	Baked Potato Day <u>Hot fillings</u> <i>Macaroni Cheese</i>	Fillet of sustainable breaded haddock served with a lemon wedge & tartare sauce Oven baked cod fish fingers Breaded Chicken
VEGETARIAN OPTION	Vegetable bolognese(v) <i>Quorn mince in a rich tomato sauce</i>		Vegetarian wraps (v)	<u>Cold Fillings</u> Cheese Coleslaw Tuna Mayonnaise	Quorn nuggets (v) <i>Deep fried crumbed quorn</i>
	Various panini's – choice of 3 options Mixed toasties	Selection of Sandwiches Available	Various panini's – choice of 3 options Mixed toasties		
	Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple		Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Seasonal Tossed salad	Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple
SIDE ORDERS	Spaghetti Peas Carrots	With Garlic Bread	Seasonal Salad		Baked beans Chips Curry Sauce
SALAD BAR	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options
SOMETHING SWEET	Iced sponge & custard Seasonal fruit basket Selection of probiotic yoghurts served with granola & fruit coulis	Orange jelly & Cream Seasonal fruit basket Selection of probiotic yoghurts served with granola & fruit coulis	Apple Crumble & Cream Seasonal fruit basket Selection of probiotic yoghurts served with granola & fruit coulis	Fruit Yoghurt Seasonal fruit basket Selection of probiotic yoghurts served with granola & fruit coulis	Happy Friday special treat Seasonal fruit basket Selection of probiotic yoghurts served with granola & fruit coulis



JUNIOR LUNCH MENU - WEEK 3

Week commencing:

07.09.26

(v) vegetarian, (vg) vegan



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Cream of Cauliflower Soup served with crispy croutons and sunflower, pumpkin & mixed seeds	Cream of Tomato Soup served with crispy croutons and sunflower, pumpkin & mixed seeds	Potato & Leek Soup served with crispy croutons and sunflower, pumpkin & mixed seeds	Carrot & Coriander Soup served with crispy croutons and sunflower, pumpkin & mixed seeds	Broth Soup served with crispy croutons and sunflower, pumpkin & mixed seeds
	Baked bread, wholemeal & white rolls	Baked bread, wholemeal & white rolls	Baked bread, wholemeal & white rolls	Baked bread, wholemeal & white rolls	Baked bread, wholemeal & white rolls
MAIN MEAL OPTION	Pasta Bolognese <i>Minced beef in a tomato basil sauce served in pasta</i>	Pasta Day Meatball Marinara and Pasta	Pork Sausages in Gravy Sauce	Baked Potato Day <i>Hot fillings</i> <i>Spicy Chicken</i>	Fillet of sustainable breaded haddock served with a lemon wedge & tartare sauce Oven baked cod fish fingers Breaded Chicken
VEGETARIAN OPTION	Vegetable Bolognese (v) <i>Seasonal vegetables in a tomato bolognese sauce</i>		Vegetarian Sausages (v)	<i>Spicy Vegetable</i>	
		Selection of Sandwiches Available		<u>Cold Fillings</u> Cheese Coleslaw Tuna Mayonnaise	Macaroni Bites (v) <i>Classic macaroni pasta bound in a delicious mornay sauce with double the cheese, coated in breadcrumbs</i>
	Various panini's – choice of 3 options Mixed toasties		Various panini's – choice of 3 options Mixed toasties		
	Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple		Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple		Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple
SIDE ORDERS	Garlic Bread Peas Sweetcorn	With Crusty Bread	Mashed Potatoes Peas Baked Beans	Seasonal Tossed salad	Baked beans Chips Curry Sauce
SALAD BAR	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options
SOMETHING SWETT	Raspberry delight Seasonal fruit basket Selection of probiotic yoghurts served with granola & fruit coulis	Flapjack Seasonal fruit basket Selection of probiotic yoghurts served with granola & fruit coulis	Brownie & Custard Seasonal fruit basket Selection of probiotic yoghurts served with granola & fruit coulis	Fruit Yoghurt Seasonal fruit basket Selection of probiotic yoghurts served with granola & fruit coulis	Happy Friday special treat Seasonal fruit basket Selection of probiotic yoghurts served with granola & fruit coulis



JUNIOR LUNCH MENU - WEEK 4

Week commencing:

14.09.26

(v) vegetarian, (vg) vegan



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Sweet Potato & Chilli Soup served with crispy croutons and sunflower, pumpkin & mixed seeds	Chicken Noodle Soup served with crispy croutons and sunflower, pumpkin & mixed seeds	Green Pea Soup served with crispy croutons and sunflower, pumpkin & mixed seeds	Cream of Mushroom Soup served with crispy croutons and sunflower, pumpkin & mixed seeds	Vegetable Soup served with crispy croutons and sunflower, pumpkin & mixed seeds
MAIN MEAL OPTION	Wholemeal & white rolls Chicken Katsu	Baked bread, wholemeal & white rolls <u>Pasta Day</u> Classic Macaroni Cheese	Wholemeal & white rolls CHICKEN WRAPS Crispy chicken Sweet chili chicken	Baked bread, wholemeal & white rolls <u>Baked Potato Day</u> <u>Hot fillings</u> <i>Haggis in Pepper Sauce</i>	Wholemeal & white rolls Fillet of sustainable breaded haddock served with a lemon wedge & tartare sauce Oven baked cod fish fingers Breaded Chicken
VEGETARIAN OPTION	Vegetarian Burrito (v) Various panini's – choice of 3 options Mixed toasties Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Selection of Sandwiches Available	Vegetarian wrap (v) Various panini's – choice of 3 options Mixed toasties Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	<u>Cold Fillings</u> Cheese Coleslaw Tuna Mayonnaise	Quorn Nuggets (v) <i>Deep fried crumbed Quorn</i> Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple
SIDE ORDERS	Rice Baby Corn	With Garlic Bread	Chef's Seasonal salad	Seasonal Tossed salad	Baked beans Chips Curry Sauce
SALAD BAR	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options
SOMETHING SWEET	Toffee Apple crumble & cream Seasonal fruit basket Selection of probiotic yoghurts served with granola & fruit coulis	Blueberry Muffin Seasonal fruit basket Selection of probiotic yoghurts served with granola & fruit coulis	Jam & coconut sponge & custard Seasonal fruit basket Selection of probiotic yoghurts served with granola & fruit coulis	Fruit Yoghurt Seasonal fruit basket Selection of probiotic yoghurts served with granola & fruit coulis	Happy Friday special treat Seasonal fruit basket Selection of probiotic yoghurts served with granola & fruit coulis



JUNIOR LUNCH MENU - WEEK 5

Week commencing: 21.09.26

(v) vegetarian, (vg) vegan

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Broth soup served with crispy croutons and sunflower, pumpkin & mixed seeds	Cream of Tomato Soup served with crispy croutons and sunflower, pumpkin & mixed seeds	Lentil soup served with crispy croutons and sunflower, pumpkin & mixed seeds	Chicken Noodle Soup served with crispy croutons and sunflower, pumpkin & mixed seeds	Cauliflower Soup served with crispy croutons and sunflower, pumpkin & mixed seeds
MAIN MEAL OPTION	Freshly baked bread, wholemeal & white rolls	Baked bread, wholemeal & white rolls	Freshly baked bread, wholemeal & white rolls	Baked bread, wholemeal & white rolls	Freshly baked bread, wholemeal & white rolls
VEGETARIAN OPTION	Steak Pie <i>Braised beef in a gravy & flaky pastry</i>	Pasta Day Beef Bolognaise Pasta Bake	Pasta Day <i>Pasta with various Sauces</i>	Baked Potato Day <u>Hot fillings</u> <i>Baked Beans</i> <u>Cold Fillings</u>	Fillet of sustainable breaded haddock served with a lemon wedge & tartare sauce Oven baked cod fish fingers Breaded Chicken
	Vegetarian Quiche		Vegetarian pasta(v)	Cheese Coleslaw Tuna Mayonnaise	Bean & Squash Tagine (v)
	Various panini's – choice of 3 options Mixed toasties	Selection of Sandwiches Available	Various panini's – choice of 3 options Mixed toasties		
	Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple		Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Seasonal Tossed salad	Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple
SIDE ORDERS	Roast potatoes Peas Cabbage	With Crusty Bread	Crusty roll		Baked beans Chips Curry Sauce
SALAD BAR	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options
SOMETHING SWEET	Eve's Pudding & Custard Seasonal fruit basket Selection of probiotic yoghurts served with granola & fruit coulis	Blackcurrant Jelly & Cream Seasonal fruit basket Selection of probiotic yoghurts served with granola & fruit coulis	Chocolate sponge & custard Seasonal fruit basket Selection of probiotic yoghurts served with granola & fruit coulis	Fruit Yoghurt Seasonal fruit basket Selection of probiotic yoghurts served with granola & fruit coulis	Happy Friday special treat Seasonal fruit basket Selection of probiotic yoghurts served with granola & fruit coulis



JUNIOR LUNCH MENU - WEEK 6

Week commencing:

28.09.26

(v) vegetarian, (vg) vegan

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Chicken Noodle Soup served with crispy croutons and sunflower, pumpkin & mixed seeds	Cream of Tomato Soup served with crispy croutons and sunflower, pumpkin & mixed seeds	Yellow Split Pea soup served with crispy croutons and sunflower, pumpkin & mixed seeds	Carrot & Coriander Soup served with crispy croutons and sunflower, pumpkin & mixed seeds	Vegetable Soup served with crispy croutons and sunflower, pumpkin & mixed seeds
	Baked bread, wholemeal & white rolls	Baked bread, wholemeal & white rolls	Baked bread, wholemeal & white rolls	Baked bread, wholemeal & white rolls	Baked bread, wholemeal & white rolls
MAIN MEAL OPTION	Mince Pie <i>Savoury mince topped with puff pastry square</i>	Pasta Day Ham and Cheese Pasta Bake	CHICKEN WRAPS Crispy breaded chicken Thai green curry chicken	Baked Potato Day <u>Hot fillings</u> <i>Chilli con Carni</i>	Fillet of sustainable breaded haddock served with a lemon wedge & tartare sauce Oven baked cod fish fingers Breaded Chicken
VEGETARIAN OPTION	Vegetable Bolognese (v) Chunky vegetables in a garlic, herb & tomato sauce Various panini's – choice of 3 options Mixed toasties Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Selection of Sandwiches Available	Vegetarian Wrap Bar (v) Various panini's – choice of 3 options Mixed toasties Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	<u>Cold Fillings</u> Cheese Coleslaw Tuna Mayonnaise Seasonal Tossed Salad	Vegetable nuggets (v) Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple
SIDE ORDERS	Noisette Potatoes Peas Broccoli	With Garlic Bread	Tossed salad		Baked beans Chips Curry Sauce
SALAD BAR	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options
SOMETHING SWEET	Sultana sponge & pouring cream Seasonal fruit basket Selection of probiotic yoghurts served with granola & fruit coulis	Strawberry Jelly Seasonal fruit basket Selection of probiotic yoghurts served with granola & fruit coulis	Sticky toffee Pudding & toffee sauce Seasonal fruit basket Selection of probiotic yoghurts served with granola & fruit coulis	Fruit Yoghurt Seasonal fruit basket Selection of probiotic yoghurts served with granola & fruit coulis	Happy Friday special treat Seasonal fruit basket Selection of probiotic yoghurts served with granola & fruit coulis