JUNIOR LUNCH MENU - WEEK 1

Week commencing: 30.11.26

(v) vegetarian, (vg) vegan

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Cream of Broccoli Soup served with crispy croutons and sunflower, pumpkin & mixed seeds Baked bread, wholemeal & white rolls	Lentil Soup served with crispy croutons and sunflower, pumpkin & mixed seeds Baked bread, wholemeal & white rolls	Potato Soup served with crispy croutons and sunflower, pumpkin & mixed seeds Baked bread, wholemeal & white rolls	Cream of Tomato Soup served with crispy croutons and sunflower, pumpkin & mixed seeds Baked bread, wholemeal & white rolls	Tomato & Red Pepper Soup served with crispy croutons and sunflower, pumpkin & mixed seeds Baked bread, wholemeal & white rolls
MAIN MEAL OPTION	Meatballs *Pork meatballs in a gravy sauce*	**Pasta Day** Tomato and Vegetable Pasta Bake	**Burgers** *Crispy breaded chicken* *Beef burger*	**Baked Potato Day** Hot fillings *Chicken Curry* *Vegetable curry*	Fillet of sustainable breaded haddock served with a lemon wedge & tartare sauce Oven baked cod fish fingers Breaded Chicken
VEGETARIAN OPTION	Quorn meatballs (v) *In a rich vegetable gravy*		Vegetarian burger (v)	Cold Fillings Cheese Coleslaw Tuna Mayonnaise	Vegetable Nuggets (v) *Deep fried crumbed Quorn*
	Various panini's – choice of 3 options Mixed toasties Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Selection of Sandwiches Available	Various panini's – choice of 3 options Mixed toasties Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Seasonal Tossed salad	Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple
SIDE ORDERS	Herb Diced Potatoes Carrots Green Beans	With Crusty Bread	Tossed salad Wedges		Baked beans Chips Curry Sauce
SALAD BAR	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options
SOMETHING SWEET	Syrup sponge & custard Seasonal fruit basket Selection of probiotic yoghurts served with granola & fruit coulis	Chocolate Mousse Seasonal fruit basket Selection of probiotic yoghurts served with granola & fruit coulis	Rice Pudding Seasonal fruit basket Selection of probiotic yoghurts served with granola & fruit coulis	Fruit Yoghurt Seasonal fruit basket Selection of probiotic yoghurts served with granola & fruit coulis	Happy Friday special treat Seasonal fruit basket Selection of probiotic yoghurts served with granola & fruit coulis

JUNIOR LUNCH MENU - WEEK 2

Week commencing: 07.12.26

(v) vegetarian, (vg) vegan

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Chicken & Rice Soup served with crispy croutons and sunflower, pumpkin & mixed seeds Baked bread, wholemeal & white rolls	Cream of Tomato & Red Pepper Soup served with crispy croutons and sunflower, pumpkin & mixed seeds Baked bread , wholemeal & white rolls	Minestrone Soup served with crispy croutons and sunflower, pumpkin & mixed seeds Baked bread, wholemeal & white rolls	Cream of Chicken Soup served with crispy croutons and sunflower, pumpkin & mixed seeds Baked bread, wholemeal & white rolls	Cream of Vegetable served with crispy croutons and sunflower, pumpkin & mixed seeds Baked bread, wholemeal & white rolls
MAIN MEAL OPTION	Spaghetti bolognaise *Minced beef in a rich tomato sauce served with pasta*	**Pasta Day** Creamy Chicken and Sweetcorn Pasta	**CHICKEN WRAPS** Crispy breaded chicken BBQ chicken	**Baked Potato Day** Hot fillings *Macaroni Cheese*	Fillet of sustainable breaded haddock served with a lemon wedge & tartare sauce Oven baked cod fish fingers Breaded Chicken
VEGETARIAN OPTION	Vegetable bolognese(v) *Quorn mince in a rich tomato sauce*		Vegetarian wraps (v)	Cold Fillings Cheese Coleslaw Tuna Mayonnaise	Quorn nuggets (v) *Deep fried crumbed quorn*
	Various panini's – choice of 3 options Mixed toasties	Selection of Sandwiches Available	Various panini's – choice of 3 options Mixed toasties		
	Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple		Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Seasonal Tossed salad	Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple
SIDE ORDERS	Spaghetti Peas Carrots	With Garlic Bread	Seasonal Salad		Baked beans Chips Curry Sauce
SALAD BAR	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options
SOMETHING SWEET	Iced sponge & custard Seasonal fruit basket Selection of probiotic yoghurts served with granola & fruit coulis	Orange jelly & Cream Seasonal fruit basket Selection of probiotic yoghurts served with granola & fruit coulis	Apple Crumble & Cream Seasonal fruit basket Selection of probiotic yoghurts served with granola & fruit coulis	Fruit Yoghurt Seasonal fruit basket Selection of probiotic yoghurts served with granola & fruit coulis	Happy Friday special treat Seasonal fruit basket Selection of probiotic yoghurts served with granola & fruit coulis

JUNIOR LUNCH MENU - WEEK 3

Week commencing: 02.11.26

(v) vegetarian, (vg) vegan

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Cream of Cauliflower Soup served with crispy croutons and sunflower, pumpkin & mixed seeds	Cream of Tomato Soup served with crispy croutons and sunflower, pumpkin & mixed seeds	Potato & Leek Soup served with crispy croutons and sunflower, pumpkin & mixed seeds	Carrot & Coriander Soup served with crispy croutons and sunflower, pumpkin & mixed seeds	Broth Soup served with crispy croutons and sunflower, pumpkin & mixed seeds
	Baked bread, wholemeal & white rolls	Baked bread, wholemeal & white rolls	Baked bread, wholemeal & white rolls	Baked bread, wholemeal & white rolls	Baked bread, wholemeal & white rolls
MAIN MEAL OPTION	Pasta Bolognese *Minced beef in a tomato basil sauce served in pasta*	**Pasta Day** Meatball Marinara and Pasta	Pork Sausages in Gravy Sauce	**Baked Potato Day** Hot fillings *Spicy Chicken* *Spicy Vegetable*	Fillet of sustainable breaded haddock served with a lemon wedge & tartare sauce Oven baked cod fish fingers Breaded Chicken
VEGETARIAN OPTION	Vegetable Bolognese (v) *Seasonal vegetables in a tomato bolognaise sauce*	Selection of Sandwiches Available	Vegetarian Sausages (v) Various panini's – choice of 3 options Mixed toasties	Cold Fillings Cheese Coleslaw Tuna Mayonnaise	Macaroni Bites (v) *Classic macaroni pasta bound in a delicious mornay sauce with double the cheese, coated in breadcrumbs*
	Various panini's – choice of 3 options Mixed toasties		Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Seasonal Tossed salad	Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple
	Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	With Crusty Bread	Mashed Potatoes Peas Baked Beans		Baked beans Chips Curry Sauce
SIDE ORDERS	Garlic Bread Peas Sweetcorn				
SALAD BAR	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options
SOMETHING SWETT	Raspberry delight Seasonal fruit basket Selection of probiotic yoghurts served with granola & fruit coulis	Flapjack Seasonal fruit basket Selection of probiotic yoghurts served with granola & fruit coulis	Brownie & Custard Seasonal fruit basket Selection of probiotic yoghurts served with granola & fruit coulis	Fruit Yoghurt Seasonal fruit basket Selection of probiotic yoghurts served with granola & fruit coulis	Happy Friday special treat Seasonal fruit basket Selection of probiotic yoghurts served with granola & fruit coulis

JUNIOR LUNCH MENU - WEEK 4

Week commencing: 09.11.26

(v) vegetarian, (vg) vegan

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Sweet Potato & Chilli Soup served with crispy croutons and sunflower, pumpkin & mixed seeds	Chicken Noodle Soup served with crispy croutons and sunflower, pumpkin & mixed seeds	Green Pea Soup served with crispy croutons and sunflower, pumpkin & mixed seeds	Cream of Mushroom Soup served with crispy croutons and sunflower, pumpkin & mixed seeds	Vegetable Soup served with crispy croutons and sunflower, pumpkin & mixed seeds
	Wholemeal & white rolls	Baked bread, wholemeal & white rolls	Wholemeal & white rolls	Baked bread, wholemeal & white rolls	Wholemeal & white rolls
MAIN MEAL OPTION	Chicken Katsu	**<u>Pasta Day</u>** Classic Macaroni Cheese	**CHICKEN WRAPS** Crispy chicken Sweet chili chicken	**<u>Baked Potato Day</u>** <u>Hot fillings</u> *Haggis in Pepper Sauce*	Fillet of sustainable breaded haddock served with a lemon wedge & tartare sauce Oven baked cod fish fingers Breaded Chicken
VEGETARIAN OPTION	Vegetarian Burrito (v)		Vegetarian wrap (v)	<u>Cold Fillings</u> Cheese Coleslaw Tuna Mayonnaise	Quorn Nuggets (v) *Deep fried crumbed Quorn*
	Various panini's – choice of 3 options Mixed toasties	Selection of Sandwiches Available	Various panini's – choice of 3 options Mixed toasties		
	Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple		Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple		Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple
SIDE ORDERS	Rice Baby Corn	With Garlic Bread	Chef's Seasonal salad	Seasonal Tossed salad	Baked beans Chips Curry Sauce
SALAD BAR	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options
SOMETHING SWEET	Toffee Apple crumble & cream Seasonal fruit basket Selection of probiotic yoghurts served with granola & fruit coulis	Blueberry Muffin Seasonal fruit basket Selection of probiotic yoghurts served with granola & fruit coulis	Jam & coconut sponge & custard Seasonal fruit basket Selection of probiotic yoghurts served with granola & fruit coulis	Fruit Yoghurt Seasonal fruit basket Selection of probiotic yoghurts served with granola & fruit coulis	Happy Friday special treat Seasonal fruit basket Selection of probiotic yoghurts served with granola & fruit coulis

JUNIOR LUNCH MENU - WEEK 5

Week commencing: 16.11.26

(v) vegetarian, (vg) vegan

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Broth soup served with crispy croutons and sunflower, pumpkin & mixed seeds Freshly baked bread, wholemeal & white rolls	Cream of Tomato Soup served with crispy croutons and sunflower, pumpkin & mixed seeds Baked bread, wholemeal & white rolls	Lentil soup served with crispy croutons and sunflower, pumpkin & mixed seeds Freshly baked bread, wholemeal & white rolls	Chicken Noodle Soup served with crispy croutons and sunflower, pumpkin & mixed seeds Baked bread, wholemeal & white rolls	Cauliflower Soup served with crispy croutons and sunflower, pumpkin & mixed seeds Freshly baked bread, wholemeal & white rolls
MAIN MEAL OPTION	Steak Pie *Braised beef in a gravy & flaky pastry*	**Pasta Day** Beef Bolognaise Pasta Bake	**Pasta Day** *Pasta with various Sauces*	**Baked Potato Day** Hot fillings *Baked Beans* Cold Fillings	Fillet of sustainable breaded haddock served with a lemon wedge & tartare sauce Oven baked cod fish fingers Breaded Chicken
VEGETARIAN OPTION	Vegetarian Quiche		Vegetarian pasta(v)	Cheese Coleslaw Tuna Mayonnaise	Bean & Squash Tagine (v)
	Various panini's – choice of 3 options Mixed toasties Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Selection of Sandwiches Available	Various panini's – choice of 3 options Mixed toasties Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Seasonal Tossed salad	Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple
SIDE ORDERS	Roast potatoes Peas Cabbage	With Crusty Bread	Crusty roll		Baked beans Chips Curry Sauce
SALAD BAR	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options
SOMETHING SWEET	Eve's Pudding & Custard Seasonal fruit basket Selection of probiotic yoghurts served with granola & fruit coulis	Blackcurrant Jelly & Cream Seasonal fruit basket Selection of probiotic yoghurts served with granola & fruit coulis	Chocolate sponge & custard Seasonal fruit basket Selection of probiotic yoghurts served with granola & fruit coulis	Fruit Yoghurt Seasonal fruit basket Selection of probiotic yoghurts served with granola & fruit coulis	Happy Friday special treat Seasonal fruit basket Selection of probiotic yoghurts served with granola & fruit coulis

JUNIOR LUNCH MENU - WEEK 6

Week commencing: 23.11.26

(v) vegetarian, (vg) vegan

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Chicken Noodle Soup served with crispy croutons and sunflower, pumpkin & mixed seeds Baked bread, wholemeal & white rolls	Cream of Tomato Soup served with crispy croutons and sunflower, pumpkin & mixed seeds Baked bread, wholemeal & white rolls	Yellow Split Pea soup served with crispy croutons and sunflower, pumpkin & mixed seeds Baked bread, wholemeal & white rolls	Carrot & Coriander Soup served with crispy croutons and sunflower, pumpkin & mixed seeds Baked bread, wholemeal & white rolls	Vegetable Soup served with crispy croutons and sunflower, pumpkin & mixed seeds Baked bread, wholemeal & white rolls
MAIN MEAL OPTION	Mince Pie *Savoury mince topped with puff pastry square*	**Pasta Day** Ham and Cheese Pasta Bake	**CHICKEN WRAPS** Crispy breaded chicken Thai green curry chicken	**Baked Potato Day** Hot fillings *Chilli con Carni*	Fillet of sustainable breaded haddock served with a lemon wedge & tartare sauce Oven baked cod fish fingers Breaded Chicken
VEGETARIAN OPTION	Vegetable Bolognese (v) Chunky vegetables in a garlic, herb & tomato sauce Various panini's – choice of 3 options Mixed toasties Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Selection of Sandwiches Available	Vegetarian Wrap Bar (v) Various panini's – choice of 3 options Mixed toasties Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple	Cold Fillings Cheese Coleslaw Tuna Mayonnaise Seasonal Tossed Salad	Vegetable nuggets (v) Baked jacket potato with a choice of 2 fillings. Options may include: cheese, tuna mayo, coleslaw, cottage cheese & pineapple
SIDE ORDERS	Noisette Potatoes Peas Broccoli	With Garlic Bread	Tossed salad		Baked beans Chips Curry Sauce
SALAD BAR	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options	A selection of 8 nude, protein, composite, green and simple salad options
SOMETHING SWEET	Sultana sponge & pouring cream Seasonal fruit basket Selection of probiotic yoghurts served with granola & fruit coulis	Strawberry Jelly Seasonal fruit basket Selection of probiotic yoghurts served with granola & fruit coulis	Sticky toffee Pudding & toffee sauce Seasonal fruit basket Selection of probiotic yoghurts served with granola & fruit coulis	Fruit Yoghurt Seasonal fruit basket Selection of probiotic yoghurts served with granola & fruit coulis	Happy Friday special treat Seasonal fruit basket Selection of probiotic yoghurts served with granola & fruit coulis